











May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend CR - Coffee Room MR - Media Room DR - Dining Room PR - Promenade Room L - Library / PW - Prestonwood Billiard Room C - Conference Room Transportation in Blue Special Events in Red & Green		New Schedules: Blood Pressure Checks w/ Griswold at 3pm on Wednesdays Yoga w/ Mitra at 11:30AM on Fridays Saturday Movies at 2pm in the Media Room	Medical appointments can be scheduled Tuesday & Thursday from 10-2pm. Please submit requests 2 days in advance. 	1 11:30 Yoga Class w/ Mitra *DR *NEW TIME* 12:30 Bridge *PR 1:00 Desperados Mexican Restaurant Outing 1:30 Cards Games *MR 4:00 DIY Kentucky Derby Hats w/ Amy *DR 7:00 Blank Slate *DR 	2 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Devil Wears Prada (Comedy) *MR 2:30 Mexican Train *PR
4 No Kroger Run Today 11:00 Champagne Brunch *DR 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 Trader Joe's 4:30 Movie Outing: Devil Wears Prada 2 - Tickets \$12 (Deadline 5/1)	5 10:45 Strength & Balance w/ Deb *DR 1:30 Bingo *DR 1:30 Mahjong *MR 5:00 Cinco de Mayo Fiesta w/ Sabor Flamenco DFW *DR 6:30 Men's Bible Study *C 	6 10:00 Walmart / Target 11:30 Line Dancing w/ Cici *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR - NEW DAY & TIME* 	7 11:00 Fitness Class w/ Ernesto *DR 2:00 Balance Tests w/ Beth accentCare & Griswold *DR 4:00 Technology 101 - Social Media & Privacy Settings *DR 	8 10:00 Mother's Day Brunch at Bluebonnet Brunch House Outing 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:30 Cards Games *MR 3:00 Silver Kentucky Derby w/ Peach Dessert* DR - bring your quarters & wear your Kentucky Derby hats!	9 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Oscar Nominated: Train Dreams (Rated PG-13) *MR 2:30 Mexican Train *PR Happy Mothers Day on Sunday!
11 10:00 Kroger 10:30 Discussion w/ Kingdom Seekers - "And The Stories Continue" w/ Patricia Leonard, RN *PR 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 Market Street 4-6pm Fellowship Dinner w/ Prestonwood (Free Event - All Are Welcome To Attend! RSVP) *DR	12 10:45 Strength & Balance w/ Deb *DR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Health Talk w/ Lizzie Home Instead *DR 6:30 Men's Bible Study *C 	13 10:00 Walmart / Target 12:00 Midweek Muscle *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR 4:00 Wine Down Wednesday Happy Hour Hosted by AmeriLife 	14 11:00 Fitness Class w/ Ernesto *DR 4:00 Birthday Bash w/ Discovery Village at Castle Hills *DR 	15 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 Lunch Bunch - Flying Fish Outing 1:30 Cards Games *MR 7:00 Blank Slate *D	16 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee - Oscar Nominated: Blue Moon (Musical/Drama Rated R) *MR 2:30 Mexican Train *PR
18 10:00 Kroger 1:30 Peg & Jokers *MR 1:30 PW Bible Study *PR 2:00 H-E-B 4:00 The Yard Milkshake Bar Outing	19 10:45 Strength & Balance w/ Deb *DR 12:00 Harris Jewelry Repair *DR 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Technology 101 & Rent Cafe *D 6:30 Men's Bible Study *C	20 10:00 Walmart / Target 10-3 Yes Hearing *C 12:00 Midweek Muscle *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 3:00 Blood Pressure Check w/ Cindy *DR	21 11:00 Fitness Class w/ Ernesto *DR 4:00 What's Happening in June (Early Sign Up) *DR 5:00 Dinner w/ the Directors Outing - Whiskey Cake	22 11:30 Yoga Class w/ Mitra *DR 1:00 Memorial Day Cookout (Burgers By The Pool) RSVP Required 12:30 Bridge *PR 1:30 Cards Games *MR	23 11:00 Crafts w/ Linda *DR 2:00 Movie Matinee: Thank You For Your Service (War/Historical Rated R) *MR 2:30 Mexican Train *PR
25 10:30 Kingdom Seekers *PR Happy Memorial Day! Office Closed 	26 10:45 Strength & Balance w/ Deb *DR 1:00 Mary Kay Sale w/ Amanda *L 1:30 Bingo *DR 1:30 Mahjong *MR 4:00 Thrift Giant Shopping (Discount Day) & Supper Outing 6:30 Men's Bible Study *C	27 12:00 HasFit Digital Exercise *DR 1:00 PW Bible Study @ Church 2:30 Mexican Train *MR 3:00 Blood Pressure Check *DR 4:00 Spring Party w/ Marty Ruiz Happy Hour *DR	28 11:00 Fitness Class w/ Ernesto *DR 4-7:30 Spring Fling at Prestonwood (we will provide transportation) 5:00 Fire Pit Conversations - Sangria & Charcuterie @ The Pool	29 11:30 Yoga Class w/ Mitra *DR 12:30 Bridge *PR 1:00 Buc-ee's Outing (BBQ, Shopping, & More) 1:30 Cards Games *MR 	30 11:00 Crafts w/ Linda *DR 2:00 Matinee - Jay Kelly (Drama w/ George Clooney Rated R) *MR 2:30 Mexican Train *PR 31 Sunday 4:15 Rhythm & Rhinestones Dance Showcase - Silver Stars & More Outing \$35 (Deadline 5/22) Food & Drinks!

May Movie Series

Saturdays at 2 PM
Media Room

May 2

Devil Wears Prada (PG-13)
Miranda Priestly struggles against Emily Charlton, her former assistant turned rival executive, as they compete for advertising revenue amid declining print media, while Miranda nears retirement. **We will be going to watch DWP 2 at the movie theater 5/4.**



May 9

Train Dreams (PG-13) Oscar Nom.
An aging logger reflects on a quiet life shaped by love, loss, and the changing American West. Featuring a strong lead performance, this Oscar-nominated drama is thoughtful and deeply atmospheric.



May 16

Blue Moon (Rating: R) Oscar Nom.

An artist navigates love and ambition in this reflective, Oscar-nominated drama. Anchored by compelling performances, it explores longing, reinvention, and creative identity.



May 23

Thank You for Your Service (R)
A powerful look at soldiers returning home, facing the invisible wounds of war. A gripping, performance-driven film about resilience, family, and finding purpose after service.



May 30

Jay Kelly (Rating: R)
A character-driven story of reinvention as one man confronts his past. Featuring a nuanced cast, it explores identity, connection, and unexpected second chances.



Atlas Point Staff

Tonia Hillis - Community Manager
Kelli Lindsay - Assistant Manager
Charlette Lee - Life Enrichment Coordinator / Driver
Mercedes Vazquez - Maintenance Supervisor
Adolfo Ortega - Maintenance Tech
Yenny Urdaneta - Housekeeping

RHYTHM & RHINESTONES Dance Showcase



THE SILVER STARS LINE DANCERS WILL BE PART OF A GREAT LINEUP OF PERFORMERS IN A VARIETY DANCE SHOWCASE!

SUNDAY, MAY 31ST
DEPARTURE TIME 4:15PM
SHOWCASE IS FROM AT 5-9PM

ADMISSION \$35
FOOD & DRINKS WILL BE INCLUDED - DEADLINE 5/22.

WE WILL PROVIDE TRANSPORTATION TO THE VENUE



PRESTONWOOD BAPTIST CHURCH PRESENTS ...

Fellowship Dinner at Atlas Point Monday, May 11th

In The Dining Room From 4-6pm
MUSIC * CRAFTS * & MORE
PLEASE RSVP BY 5/6
FREE EVENT



Kentucky Derby Month



We will be decorating hats with Amy

HomeWell CARE SERVICES

May 1st at 4pm in the dining room.

All supplies will be provided, please sign up in the book.



A Peach Dessert will be served at the Silver Derby on May 8th at 3pm.

Wear your hats, bring your quarters to play, see you then!

SPRING PARTY WITH MARTY



Wednesday, May 27th at 4pm
In the Dining Room.

Come enjoy Happy Hour with one of our favorite entertainers.



Mother's Day Brunch Outing
Friday, May 8th at 10am.



MEMORIAL DAY COOKOUT

Burgers By The Pool

Friday, May 22nd at 1pm

RSVP Required



Always Remember, Never Forget

The Office Will Be Closed On Memorial Day Monday, May 25th.

ATLAS POINT
— AT PRESTONWOOD —
an allure active adult community



Celebrate Cinco de Mayo with a vibrant fiesta featuring Sabor Flamenco DFW, an art form known for its passion, rhythm, and storytelling.

Join us on Tuesday, May 5th at 5pm in the dining room for live music and a performance you'll never forget!
Food & Refreshments will be served.

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